

TARTU GYMNASTICS WEEK

Miss Valentine 2024



Tartu, Estonia
March 2-3, 2024

B-category competition




DIRECTIVES

Dear IFAGG affiliated Members,

Gymnastics Club Janika and Estonian Gymnastics Federation have the pleasure to invite your delegations to participate in the 30th anniversary tournament of the B-category competition

Miss Valentine 2024

SPORT	Aesthetic Group Gymnastics (AGG)
HOST FEDERATION	Estonian Gymnastics Federation (IFAGG member) Contact person: Ms. Tene-Riin Vaarmann Phone: +372 59192717 e-mail: info@estoniangymnastics.ee Website: www.estoniangymnastics.ee
LOCAL ORGANIZING COMMITTEE	Gymnastics Club Janika Contact Person: Mrs. Janika Moelder Phone: +1 647 300 1071 (WhatsApp) and +372 50 296 82 e-mail: janika@vkjanika.ee , janika@rogers.com Website: www.missvalentine.eu
LOCATION	Tartu, Estonia
DATE	March 2-3, 2024
VENUE	<p><u>Competition and training hall</u></p>  <p>University of Tartu Sports hall (Ujula 4, Tartu, Estonia) Phone/fax: +372 7376280</p> <p>7 warm up carpets and 1 competition carpet (with podium)</p>

RULES AND REGULATIONS	Participants must follow the IFAGG rules and regulations. Please refer to the current IFAGG Technical Rules and Regulations.							
EVENT FORMAT	Only IFAGG members in good standing can register participating groups.							
	Women	NO LIMIT; finals max 2 per country						
	Junior	NO LIMIT; finals max 2 per country						
	Children 12-14	NO LIMIT; finals max 2 per country						
	Children 10-12	NO LIMIT; finals max 2 per country						
	Children 8-10	NO LIMIT; finals max 2 per country						
	Short program women	NO LIMIT; finals max 2 per country						
	Short program junior	NO LIMIT; finals max 2 per country						
	Short program children 12-14	NO LIMIT; finals max 2 per country						
Short program children 10-12	NO LIMIT; finals max 2 per country							
Short program children 8-10	NO LIMIT; finals max 2 per country							
Mixed team senior	NO LIMIT; finals max 2 per country							
Mixed team junior	NO LIMIT; finals max 2 per country							
Mixed team children 12-14	NO LIMIT; finals max 2 per country							
Mixed team children 10-12	NO LIMIT; finals max 2 per country							
Mixed team children 8-10	NO LIMIT; finals max 2 per country							
All gymnasts and coaches must have a valid IFAGG license for 2024!								
NB! The LOC reserves the right to make any further changes whenever necessary in accordance with IFAGG rules.								
JUDGES	All judges must have a valid IFAGG judges’ licence for 2024 and comply with the IFAGG Code of Ethics for judges.							
Proposal for judges should be made to Organizing Committee ONLINE : http://rgform.eu/event.php?id_prop=5534								
Deadline for judges’ registration: January 27, 2024 Participating delegations are responsible for covering all judges’ expenses.								
REGISTRATION DEADLINES	Registration will be only ONLINE : http://rgform.eu/event.php?id_prop=5534							
Please make sure to register all delegation members!								
<table><tr><td>Preliminary registration</td><td>December 27, 2023</td><td>(2 months prior to the event)</td></tr><tr><td>Nominative registration</td><td>January 27, 2024</td><td>(1 month prior to the event)</td></tr></table>			Preliminary registration	December 27, 2023	(2 months prior to the event)	Nominative registration	January 27, 2024	(1 month prior to the event)
Preliminary registration	December 27, 2023	(2 months prior to the event)						
Nominative registration	January 27, 2024	(1 month prior to the event)						

MUSIC	<p>Music must be uploaded ONLINE: http://rgform.eu/event.php?id_prop=5534</p> <p>Deadline for uploading music: January 27, 2024</p> <p>Music sent or changed after the deadline will be at an additional 20€ per music.</p> <p>The files must be in mp3 format, good quality and labelled as follows: Name of the team, country, competing category (i.e GC Janika Junior Team EST – Junior)</p>								
ENTRY FEES	<p><u>The non-reimbursable entry fee is:</u></p> <ul style="list-style-type: none"> - 1-6 gymnasts & max. 2 coaches 100.00 € per group - 7 or more gymnasts & max. 3 coaches 130.00 € per group <p>Additional delegation members will only be accepted with additional payment which will be confirmed later.</p> <p>According to IFAGG rules, the registrations after deadline will be at additional charge 100.00 € per group (to the LOC).</p> <p>Invoice will be sent after nominative registration deadline on January 27, 2024 Payment deadline is 4 weeks before competition starts on February 1, 2024</p> <p>Entry fees are non-refundable.</p>								
ACCREDITATION	<p>Delegations' accreditation will take place upon arrival.</p> <p>For accreditation team leaders are required to:</p> <ul style="list-style-type: none"> - bring passports of all members of the delegation - bring proof of medical insurance of all members of the delegation - make all necessary payments <p>FOR ANY CASE:</p> <ul style="list-style-type: none"> - CD or USB stick with music (1 per each routine) 								
PROVISIONAL SCHEDULE	<p>Please note that this is only the provisional schedule, and it is subject to change! The final program will be confirmed after the registration deadline.</p> <table> <tr> <td>Friday, March 1</td><td>Arrival</td></tr> <tr> <td>Saturday, March 2</td><td>Preliminaries</td></tr> <tr> <td>Sunday, March 3</td><td>Finals</td></tr> <tr> <td>Monday, March 4</td><td>Departure</td></tr> </table>	Friday, March 1	Arrival	Saturday, March 2	Preliminaries	Sunday, March 3	Finals	Monday, March 4	Departure
Friday, March 1	Arrival								
Saturday, March 2	Preliminaries								
Sunday, March 3	Finals								
Monday, March 4	Departure								

EXTRA TRAININGS	<p>Extra trainings are available upon request and will cost 50€/h.</p> <p>To book extra trainings, please contact LOC: janika@rogers.com</p> <p>Your training time will be confirmed after receiving the payment (payment deadline will be shown in the invoice).</p>
EVENT MANAGER	<p>Mrs. Janika Moelder Phone: +647 300 1071 (WhatsApp, Viber) or +372 50 29682 e-mail: janika@vkjanika.ee</p>
MEDICAL SERVICES	<p>The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area.</p>
DOPING	<p>IFAGG Code of Discipline It's a condition of participation in IFAGG's activities that gymnasts and their assistants and representatives will follow the national and international antidoping rules. All gymnasts, their assistants and representatives are obligated to know the doping rules. The information of the prohibited substances and methods can be found on the WADA (World Anti-Doping Agency), www-pages.</p>
VISA	<p>Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made</p> <p>before January 27, 2024, to the LOC ONLINE: http://rgform.eu/event.php?id_prop=5534</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member, as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee and IFAGG will not be held responsible for any liabilities in case of accidents, illness, repatriation, and the like.</p> <p>The IFAGG Technical Regulations foresee that all participating Delegations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g., cover note or photocopy of the valid policy).</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating delegations must pay the international travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC ONLINE: http://rgform.eu/event.php?id_prop=5534 by January 27, 2024</p> <p>If delegations will send travel plan later than January 27, 2024, then the local transportation from the airport <u>will not be available</u>.</p>

LOCAL TRANSPORTATION	<p>Local transportation will be provided only for the delegation members who booked their hotel accommodation through the organizing committee.</p> <p>NB! Travel schedule Form must be returned to the LOC by January 27 the latest. After this deadline the LOC will not be responsible for the transfer services from the airport to the hotel.</p> <p><u>Free local transportation:</u></p> <ul style="list-style-type: none"> • from Tallinn or Tartu International Airport, Tallinn Railway or Bus Station or Tallinn Harbour to the hotel and back • from the hotels to the Competition Venue and vice-versa (shuttle busses) <p>Please note that transportation from airports, harbour, railway or bus stations to the hotel and back is included in all the accommodation packages.</p> <p>Shuttle buses are driving only from the competition venue to the <u>hotels</u> (and back). There are no shuttle busses from the hostel.</p> <p>Taxis are available in Tartu via Bolt app.</p>
ACCOMMODATION AND MEALS	<p>NB! All delegation members who choose not to book accommodation through the LOC must pay accreditation fee of 55€.</p> <p>The invited participating federations and clubs must pay for the accommodation expenses of their delegation members.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>The Accommodation Form must be returned to the LOC ONLINE: http://rgform.eu/event.php?id_prop=5534 by January 27, 2024</p> <p>Delegation members can choose between hotel and hostel. Please read the conditions of the packages carefully! The rooms will be allocated on a “first-come, first-serve” basis.</p> <p><u>1-night package in the HOTEL - 160 € per person in double or triple room (single room 200 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 1 night, incl. breakfast and dinner - transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back - shuttle busses between hotel and competition hall <p><u>2-night package in the HOTEL - 280 € per person in double or triple room (single room 340 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 2 nights, incl. breakfast and dinner - transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back - shuttle busses between hotel and competition hall

3-night package in the HOTEL - 380 € per person in double or triple room (single room 440 €)

The price includes:

- accommodation in the hotel for 3 nights, incl. breakfast and dinner
- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back
- shuttle busses between hotel and competition hall

4-night package in the HOTEL - 480 € per person in double or triple room (single room 540 €)

The price includes:

- accommodation in the hotel for 4 nights, incl. breakfast and dinner
- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back
- shuttle busses between hotel and competition hall

5-night package in the HOTEL - 580 € per person in double or triple room (single room 640 €)

The price includes:

- accommodation in the hotel for 4 nights, incl. breakfast and dinner
- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back
- shuttle busses between hotel and competition hall

2-night package in the HOSTEL - 180 € per person (no single or double rooms)

The price includes:

- accommodation in the hostel for 2 nights, incl. breakfast and dinner
- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hostel and back

3-night package in the HOSTEL - 240 € per person (no single or double rooms)

The price includes:

- accommodation in the hostel for 3 nights, incl. breakfast and dinner
- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hostel and back

4-night package in the HOSTEL - 310 € per person (no single or double rooms)

The price includes:

- accommodation in the hostel for 4 nights, incl. breakfast and dinner
- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hostel and back

The costs for the accommodation must be paid to the LOC as following:

- 50% of the accommodation costs by **January 27, 2024**, at the time of Nominative Registration. Only then LOC can guarantee your stay at official hotel
- Remaining 50% of the accommodation costs by **February 1, 2024, latest**

	<p>In case of cancellation, costs will be refunded as following:</p> <ul style="list-style-type: none"> - If cancellation is made by January 27, 2024 the latest, 50% of the total amount paid will be refunded. Any later cancellations will not be refunded! <p>Please make sure that each delegation has effective <u>insurance in case of cancellation</u>.</p>
BANK ACCOUNT INFORMATION	<p>Each participating delegation is kindly requested to integrate the payment's purpose as follows:</p> <p>Beneficiary: Võimlemisklubi Janika Address: Ihaste tee 7, 51013 Tartu, Estonia Bank: SEB Address: Tornimäe 2, 15010 Tallinn, Estonia SWIFT: EEUHEE2X IBAN: EE791010102001526002</p> <p>Please state the name of the Country/Member at the payment purpose on the transfer (i.e., "EST, GC Janika Junior Team, Miss Valentine 2024").</p> <p>The <u>participating delegation</u> is responsible for <u>covering all bank fees</u> in connection with the bank transfers.</p>
FINANCIAL OBLIGATIONS	<p>Federations/Clubs which have not fulfilled their financial obligations towards the Organizing Committee upon arrival <u>will not be accredited</u>.</p>
SOCIAL MEDIA	<p>Homepage: https://missvalentine.eu/ Instagram: https://www.instagram.com/missvalentinegymnastics/ Facebook: https://www.facebook.com/missvalentineofficial</p>
PERSONAL DATA PROTECTION	<p>Personal information of registered gymnasts, coaches, judges and volunteers are used in published official competition protocols, rgform.eu online environment, competition's/federation's website and in social media channels. By registering to the event, the gymnasts, coaches, judges and volunteers are giving a consent to publish visual material (photos, videos) on which they might be displayed. In case the persons in not consent with the previous, LOC and federation must be informed in written form by the start of the competition. Only photographers and journalists with accreditation are allowed to take pictures and film the event (registering via rgform.eu or onsite).</p>

DEADLINES SUMMARY	Preliminary Registration ONLINE: http://rgform.eu/event.php?id_prop=5534	December 27, 2023
	Nominative Registration (Register groups and delegation members by name) ONLINE: http://rgform.eu/event.php?id_prop=5534	January 27, 2024
	Photos for Accreditation (Only portrait photo in JPEG format) ONLINE: http://rgform.eu/event.php?id_prop=5534	January 27, 2024
	Judges Registration ONLINE: http://rgform.eu/event.php?id_prop=5534	January 27, 2024
	Accommodation and travel plan ONLINE: http://rgform.eu/event.php?id_prop=5534	January 27, 2024
	Visa Request Form ONLINE: http://rgform.eu/event.php?id_prop=5534	January 27, 2024
	Music mp3 (only) ONLINE: http://rgform.eu/event.php?id_prop=5534	January 27, 2024
	Payment of the Accommodation costs (50%)	January 27, 2024
	Payment of the Accommodation costs (50%)	February 1, 2024
	Remaining payment of the costs of delegation members and additional persons (in cash)	During accreditation in competition hall
NB! The LOC reserves the right to make any further changes whenever necessary in accordance with IFAGG rules.		

Sincerely,



Tene-Riin Vaarmann
Secretary General
Estonian Gymnastics Federation

