



## Technical Value Children (age categories 8-10 and 10-12)

**Team** \_\_\_\_\_

**Country** \_\_\_\_\_

Required elements	Max	
<b>Body movements</b>		
1 total body wave	0.2	
1 total body swing	0.2	
1 bending	0.2	
1 relaxation	0.2	
1 lean or lunge	0.2	
1 twisting	0.2	
2 BM A-series	0.3 0.3	
1 BM B-series	0.4	
<b>Total 2.2</b>		
<b>Balances</b>		
1 balance	0.2	
1 balances series	0.3	
<b>Jumps/Leaps</b>		
1 jump / leap	0.2	
1 jumps / leaps series	0.3	
<b>Arm movements</b>		
2 different series	0.2 0.2	
<b>Steps, skips, hops</b>		
2 different series	0.3 0.3	
1 series combined with another movement group	0.3	
<b>Acrobatic movements</b>		
2 different acrobatics	0.2 0.2	
<b>Flexibility movements</b>		
front - R	0.1	
front - L	0.1	
side	0.1	
back	0.1	
<b>Combined series</b>		
2 different series	0.3 0.3	
<b>Maximum</b>	<b>5.9</b>	
<b>FINAL JUDGE' SCORE</b>		
<b>Bonus (proposal)</b>	<b>+0.1</b>	

**Bonus:** *The elements correspond excellently to the level of skills and age of the gymnasts*