



Technical Value Children (age categories 8-10 and 10-12)

Team _____

Country _____

Required elements	Max	
Body movements		
1 total body wave	0.2	
1 total body swing	0.2	
1 bending	0.2	
1 relaxation	0.2	
1 lean or lunge	0.2	
1 twisting	0.2	
2 BM A-series	0.3	
	0.3	
1 BM B-series	0.4	
Total	2.2	
Balances		
1 balance	0.2	
1 balances series	0.3	
Jumps/Leaps		
1 jump / leap	0.2	
1 jumps / leaps series	0.3	
Arm movements		
2 different series	0.2	
	0.2	
Steps, skips, hops		
2 different series	0.3	
	0.3	
1 series combined with another movement group	0.3	
Acrobatic movements		
2 different acrobatics	0.2	
	0.2	
Flexibility movements		
front - R	0.1	
front - L	0.1	
side	0.1	
back	0.1	
Combined series		
2 different series	0.3	
	0.3	
Maximum	5.9	
FINAL JUDGE' SCORE		
Bonus (proposal)	+0.1	

Bonus: *The elements correspond excellently to the level of skills and age of the gymnasts*