











TV -Short Program (ages 12-14)

Team name _____ Country _____

	Required Elements	Value	
1	A-BMS (relaxation)	0.3	
2	B-BMS (contraction)	0.4	
3	C-BMS (lean/lunge and bending)	0.5	
4	∧:  (360°)	0.2	
5	∧∧:  LL + from RL 	0.3	
6	T:  360°	0.2	
7	T T:  LL up + step  RL up	0.3	
8	vvvv(skips...with traveling)	0.3	
9	A: free of choice	0.2	
10	Combined series (with BMS only)	0.5	
11	F: (right & left)	0.1 0.1	
12	 (side)	0.3	
13	 (side)	0.3	
	TOTAL MAX	4.0	

Required waves and swings may be included in BMS or Combined Series

2/3 of the team must execute the required element acceptably to be counted in the TV.