



# RYTHMO-CATS LUXEMBOURG

**Club RG and AGG a.s.b.l.**

**Affiliated to FLGym and LFAGG**



Fédération Luxembourgeoise de  
Gymnastique Esthétique de Groupe

*4th place in the World RG Club Championships 2017, Tokyo (JPN)*

*7th place in the World RG Club Championships 2018, Takasaki (JPN)*

## **Luxembourg Greater Region & BeNeLux Cup 2026**

**14-15th of March 2026 – Münsbach, LUXEMBOURG**

<b>SPORT</b>	Aesthetic Group Gymnastics (AGG)
<b>DATE</b>	14-15/03/2026
<b>LOCATION</b>	Munsbach, Luxembourg
<b>EVENT HALL</b>	185, rue Principale L-5366 MUNSBACH LUXEMBOURG Sport hall 1
<b>HOST ORGANIZATION</b>	LOCAL FEDERATION: LFAGG <a href="https://lfagg.lu/">https://lfagg.lu/</a>  LOCAL ORGANIZING COMMITTEE: Rythmo-Cats Luxembourg Club  Director of the tournament: Aliona Iampolskaia Phone: +352 621 458 588 E-mail: <a href="mailto:grbeneluxcup@gmail.com">grbeneluxcup@gmail.com</a> , <a href="mailto:info@rythmocats.lu">info@rythmocats.lu</a>
<b>RULES AND REGULATIONS</b>	All participants have to follow the IFAGG Rules and Regulations
<b>DELEGATIONS</b>	LFAGG invites all IFAGG members

<b>EVENT FORMAT</b>	<p>Only IFAGG members can register participating groups.</p> <p>Long/short program/Mixed team</p> <ul style="list-style-type: none"> <li>- Children extra category 6-8</li> <li>- Children 8-10</li> <li>- Children 10-12</li> <li>- Children 12-14</li> <li>- Junior</li> <li>- Women/Seniors</li> </ul> <p>2 participating teams per country. If there are less than 10 participating groups in a category, all groups will go to the FINALS. All gymnasts and coaches must have a valid IFAGG license for 2026</p>
<b>COMPETITION AREA</b>	<p><i>Gymnova</i> RG competition carpet</p>
<b>ENTRY FEES</b>	<p><b>DEADLINE: 14/02/2026</b></p> <p>The non-reimbursable Entry fee <b><i>is 25 euros per gymnast:</i></b></p> <p>Each team may include max 2 coaches (if the team is 4-6 gymnasts) and max 3 coaches (if the team is 7 or more gymnasts), max 1 doctor and 1 other delegate. Additional accreditation requested over the limits will be subject to a fee of 40 euros per additional delegate.</p> <p><b>PAYMENT INFORMATION</b></p> <ul style="list-style-type: none"> <li>• The entry fee must be paid via bank transfer to the LOC bank account</li> <li>• All bank details are published below</li> <li>• The participating delegations are responsible for covering all bank fees in connection with the bank transfers</li> <li>• The entry fees are NON-REFUNDABLE.</li> </ul> <p>Late payments: According to IFAGG rules, late registrations and payments are subject to a late fee charge of 100 euros per group (paid to the LOC).</p> <p>Beneficiary: Rythmo-Cats Club ASBL</p> <p>IBAN: LU65 0027 3100 2612 4600 BIC : BILLLULL</p> <p>or</p> <p>IBAN LU89 1111 7551 8641 0000 BIC : CCPLL</p>
<b>JUDGES</b>	<p>Judges' registration: <b><i>IFAGG AMS</i></b></p> <p><b>Deadline: 14/02/2026</b></p> <p>Warning: No request will be accepted after the deadline.</p> <p>All judges must have a valid IFAGG judge license for 2026 and comply with the</p>

	<p>- IFAGG Code of Ethics for judge</p> <p>- IFAGG nominates and confirms judges list after the deadline due. - IFAGG reserves the right to invite judges. Delegations will be responsible for all expenses of judges (travel costs, accommodation and transportation)</p>
<b>PROVISIONAL SCHEDULE</b>	<p><b>Friday 13/03/2026</b> Arrival of the delegations</p> <p><b>Saturday 14/03/2026</b> Competition, preliminaries</p> <p><b>Sunday 15/03/2026</b> Competition, finals</p> <p><b>Monday 16/03/2026</b> Departure of the delegations</p>
<b>DEADLINES</b>	<p><b>14/01/2026</b> – preliminary registration</p> <p><b>14/02/2026</b> – final registration</p> <p><b>14/02/2026</b> – music, fee payment deadline</p> <p><a href="https://www.rgform.eu/event.php?id_prop=9271">https://www.rgform.eu/event.php?id_prop=9271</a></p>
<b>ANTIDOPING</b>	<p>IFAGG Code of Discipline It's a condition of participation in IFAGG's activities that gymnasts and their assistants and representatives will follow the national and international doping rules. All gymnasts and their assistants and representatives are obligated to know the doping rules. The information of the prohibited substances and methods can be found on the WADA (World Anti-Doping Agency), <a href="https://www.wada-ama.org/">https://www.wada-ama.org/</a></p>
<b>PERSONAL DATA PROTECTION</b>	<p>Personal information of registered gymnasts, coaches, judges and volunteers are used in published official competition protocols, rgform.eu online environment, competition's/ federation's website and in social media channels. By registering to the event, the gymnasts, coaches, judges and volunteers are giving a consent to publish visual materials (photos, videos) on which they might be displayed. In case the person does not consent with the previous, LOC and federation has to be informed in written form by the start of the competition. Only photographers and journalists with accreditation are allowed to take pictures and film the event (registering via <a href="https://rgform.eu">https://rgform.eu</a> or onsite).</p>
<b>ACCOMMODATION INFORMATION</b>	<p>All delegations are responsible for the booking of their accommodation. There are some hotels close to the competition hall which is located 5 minutes from the Munsbach train station (Munsbach Gare). <b>NEW:</b> The hotel Legere 4**** (<a href="#">Parc d'activité Syrdall, 11 Rue Gabriel Lippmann L-5365 Munsbach</a>) offers the special prices for the participants of our tournament: <a href="#">BOOK YOUR ACCOMMODATION</a></p> <p><i>Some other accommodation options:</i></p> <ol style="list-style-type: none"> <li>1. Ibis budget Luxembourg Aéroport <a href="#">Route de Trèves, Findel, L 2632 LUXEMBOURG, Luxembourg</a></li> <li>2. Ibis Luxembourg Aéroport <a href="#">Route de Trèves, FINDEL LUXEMBOURG, L-2632 FINDEL, Luxembourg</a></li> </ol>

	<p>3. Hotel NH Luxembourg <a href="#">1, Route de Trèves, 2633 Senningerberg Luxembourg Luxembourg</a></p> <p>4. Mandarin Hotel Aéroport <a href="#">22 Route de Trèves L-2633 Luxembourg</a></p>
<b>TRANSPORT</b>	<p>There is free public transport in Luxembourg and good bus and train connection to the competition hall. Use the application "Mobiliteit" in order to plan your trip <a href="https://www.mobiliteit.lu/en/plan-a-trip/">https://www.mobiliteit.lu/en/plan-a-trip/</a></p>
<b>INSURANCE</b>	<p>Delegations are responsible for their members having adequate insurance coverage against accidents, illness and other travel risks!</p>

Kind regards,  
Director of the tournament  
Aliona Iampolskaia