



## Technical Value Children (age category 12-14)

Team \_\_\_\_\_ Country \_\_\_\_\_

Required Elements	Max	
<b>Combined Series</b>		
1 balance + A/B/C-BMS or A/B/C-BMS + balance	0.5/0.6/0.7	
1 jump/leap + A/B/C-BMS or A/B/C-BMS + jump/leap	0.5/0.6/0.7	
1 jump/leap + balance or balance + jump/leap	0.4	
<b>Body Movements and Body Movements series</b>		
1 total body wave	0.3	
1 total body swing	0.3	
1 twisting	0.2	
1 relaxation	0,2	
1 contraction	0.2	
2 A-BMS	0.3 0.3	
1 B-BMS including changing of levels	0.4	
1 C-BMS including travelling	0.5	
<b>Total</b>	<b>2.7</b>	
<b>Balances and Balance series</b>		
1 balance	0.2	
1 dynamic balance (tourlent, illusion, pivot)	0.2	
1 balance series	0.3	
<b>Jumps/Leaps and Jump/Leap series</b>		
1 jump/ leap	0.2	
1 rotating jump/leap	0.2	
1 jump/leap series	0.3	
<b>Series of Steps, Skips, Hops</b>		
1 series of steps, skips and hops including travelling & changing of directions and turning	0.3	
<b>2 Acrobatic elements</b>		
2 different acrobatic elements	0.2 0.2	
<b>Flexibility movements</b>		
1 left side balance	0.1	
1 right side balance	0.1	
1 left side jump/leap	0.1	
1 right side jump/leap	0.1	
<b>Maximum</b>	<b>7.0</b>	